

# **Transform Old Wounds and Past Traumas**

## **Greetings**

I recently discovered a technique that works for clients with multiple symptoms (physical, emotional and mental). I call it the old wounds and past traumas technique.

I have had many clients come to me with multiple symptoms. I kept wondering how I could best help them. I discovered that “unraveling their past traumas” was the key. In the old days, I would address one symptom at a time. I always felt like there could be a better way to get quicker results. By releasing the energy around “the past traumas,” I have been successful in helping my clients.

With this technique, you won't have to study new material or learn a new healing modality. Rather, you are building on the skills you already have, Emotion Code, Body Code or Belief Code. This protocol will teach you how to ask the questions that will uncover your client's past traumas. You will also learn how to use the charts I created to tools to make the process simple and efficient.

## **How Does it Work?**

When clients come to me with multiple symptoms, I explain to them the impact unresolved trauma can have on their health and their current symptoms. I ask my client to tell me the traumas she has experienced and then use the charts I created to identify things her conscious mind may not be unaware of or has forgotten over time. For example, the conscious mind may not remember a trauma in the birthing process. Listing all of the past traumas is the first step; it gives you the template for what needs to be addressed for healing to occur.

## **How Long Does it Take to Work?**

Typically, when I work with clients with multiple symptoms, I tell them it is a 3-4 month commitment of working with me each week. If you work with them twice a month, let them know it will just take longer to get the results they desire. Don't be concerned how long it takes to do the program with your client. Just know you are peeling away the layers and this process will eventually have an impact for them.

My clients start noticing subtle shifts right away. After working with me for many weeks, clients tell me the symptoms have dissipated or disappeared completely. I am thrilled that my clients are having good results.

Let your clients know it is a process and not a quick fix. Often clients have had their issues for years; so spending a few months to uncover the root cause is worth it.

For some people they have massive shifts in less than 4 months and others may need more time, depending on the number of traumas they have experienced.

### **What is Included in This Program?**

- a. Old wounds and past traumas chart
- b. Aspects to sexual abuse chart
- c. Sexual abuse or incest chart
- d. Vanishing twin chart
- e. Research paper on the vanishing twin
- f. Trauma in the birthing experience chart
- g. Step by step instructions on how to use the technique
- h. Explanations to better clarify the process
- i. Ethics and code of honor

\* The charts are created so that you can muscle test and quickly identify the issues the client is congruent with.

\* The *old wounds and past trauma chart* is a comprehensive list that I have created over the years. It is an efficient way to uncover the old wounds, past traumas, and anything that caused guilt, shame, regret or remorse.

You can use what skills you have for this protocol to work, even if you only have Emotion Code training. The charts are easy to use and are effective at getting to the root issues that need to be cleared.

### **Investment**

Normally a program like this would cost over \$150. I am offering it for only **\$99**. The reason I am keeping it low is because I want to make it accessible for any practitioner to use. I want others to have success with this program like I have.

## **What Others are Saying About This Program.**

“Wow Juanita, this is absolutely amazing, you are so good at explaining it and putting it all together. I used this process to address shoulder pain that I have had for years. After doing your technique, the shoulder pain has shifted and is almost gone. I am excited to use this with my clients.”

*Suzanne C*

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“I think you've put everything together beautifully and that you've done such a great job in providing detailed guidance on how to use the system.

The chart on the vanishing twin information was very informative and useful.

I love how sensitive you are to the client's needs in your explanations. The charts you've created are especially helpful in getting to the heart of the trapped trauma energy and quickly releasing it. I do have quite a few clients who have experienced sexual abuse and it is very hard for them to talk about, so I love that this is just a "seek and destroy" mission without them needing to go too deeply into their past pain in order to release it.

You've put everything together so well! You have done something really special here, and I am so grateful to you for it, on behalf of myself and everyone who will benefit from it in the future.”

*Kary V*

“I bought Juanita’s protocol and was able to use it the next day with a client. I am excited to have another tool to get to deeper aspects. Juanita has done an amazing job with all her research and putting it together.

Here is how I used the new protocol. I have a client that I have done 49 sessions with. Lots of stuff there. We've done loads of belief work. Her husband mentioned that she hadn't wanted her picture included in a family FB posting. That really resonated with me. I asked her what that was about. It wasn't about the picture, it was about the big fuss being made. I sensed this was a past life issue, tested and yes it was.

But before I started that I went to the Old Wounds and Past Trauma chart and found nothing. Then, I asked which chart I needed to look at -- took me to Aspects of Sexual Abuse. It was seeing herself as a victim.

We went to the past life and it was seeing herself as the target of a crowd, feeling exposed and then beaten to death(maybe raped?). Next, I asked if there was a belief about this and it was "not being safe with people making fusses over her or around her". We cleared the beliefs as well as the other stuff that came up. My client was so giggly at the end. Obviously it worked and we shifted the energy around this issue for her. "

**Marsha G**

What would it be like to have another tool to better serve your clients?

### **To Purchase the Program**

Go to <https://theshiftingsand.com/buynow/>

Scroll down to the section for Emotion Code Practitioners.

If you have questions about the protocol, email Juanita at [juanita@theshiftingsand.com](mailto:juanita@theshiftingsand.com)

### **Making a Difference**

Discovering and applying this trauma technique has been extremely gratifying for me. I get to see the transformation and positive changes my clients experience. My wish for you is that you use this process to make a profound difference in your client's lives.

All the best, *Juanita*