

Juanita Ecker's Body Code/Emotion Code Sessions

Check all that apply

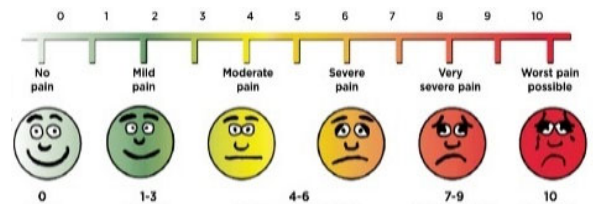
<input type="checkbox"/> Aching wrists, fingers, and hands	<input type="checkbox"/> Hips feeling tight or sore	<input type="checkbox"/> Sinus problems
<input type="checkbox"/> Aching back	<input type="checkbox"/> Holding on to toxic relationships	<input type="checkbox"/> Specific food or drink to eliminate
<input type="checkbox"/> Always tired/exhausted	<input type="checkbox"/> Hormonal issues	<input type="checkbox"/> Stiff hands and fingers
<input type="checkbox"/> Angry/bitterness	<input type="checkbox"/> Indecisiveness/wishy-washy	<input type="checkbox"/> Strained family dynamics
<input type="checkbox"/> Anxious about everything	<input type="checkbox"/> Infertility	<input type="checkbox"/> Stress over being laid off
<input type="checkbox"/> Anxious in public	<input type="checkbox"/> Knee discomfort	<input type="checkbox"/> Stress over job restructure
<input type="checkbox"/> Bloating, gas or stomach issues	<input type="checkbox"/> Lack of range of motion	<input type="checkbox"/> Struggle to learn or comprehend
<input type="checkbox"/> Blocks: building your business	<input type="checkbox"/> Limiting beliefs: relationships	<input type="checkbox"/> Tight jaw
<input type="checkbox"/> Blocks: getting clients	<input type="checkbox"/> Limiting beliefs: success	<input type="checkbox"/> Tingling in fingers, hands or feet
<input type="checkbox"/> Blocks: love	<input type="checkbox"/> Liquor, wine, or beer cravings	<input type="checkbox"/> Trouble losing weight
<input type="checkbox"/> Blocks: money and success	<input type="checkbox"/> Loneliness	<input type="checkbox"/> Trouble staying focused
<input type="checkbox"/> Blocks: to taking action	<input type="checkbox"/> Low self-esteem	<input type="checkbox"/> Unworthy/worthless
<input type="checkbox"/> Bowel issues	<input type="checkbox"/> Menopause	
<input type="checkbox"/> Cold hands and feet	<input type="checkbox"/> Money problems	
<input type="checkbox"/> Constant cough	<input type="checkbox"/> Nail biting	
<input type="checkbox"/> Constipation	<input type="checkbox"/> Neck is stiff or tight	
<input type="checkbox"/> Cravings for carbohydrates	<input type="checkbox"/> Negative self-talk	
<input type="checkbox"/> Cravings for coffee or soft drinks	<input type="checkbox"/> Night sweats	
<input type="checkbox"/> Difficulty breathing	<input type="checkbox"/> Numbness in hands, feet or legs	
<input type="checkbox"/> Digestive issues	<input type="checkbox"/> Old negative experiences/accidents	
<input type="checkbox"/> Excessive sweating	<input type="checkbox"/> Old negative memories	
<input type="checkbox"/> Falling or staying asleep	<input type="checkbox"/> Procrastination	
<input type="checkbox"/> Family member with an addiction	<input type="checkbox"/> Relationship or divorce issues	
<input type="checkbox"/> Fear of anything	<input type="checkbox"/> Resentments	
<input type="checkbox"/> Feeling anxious	<input type="checkbox"/> Resistance to exercise	
<input type="checkbox"/> Feeling stuck or resisting change	<input type="checkbox"/> Resistance to hydration	
<input type="checkbox"/> Food sensitivity	<input type="checkbox"/> Runny nose, sneezing, coughing	
<input type="checkbox"/> Food and sugar cravings	<input type="checkbox"/> Sadness	
<input type="checkbox"/> Frustration	<input type="checkbox"/> Sexual intimacy issues	
<input type="checkbox"/> Grief: family, friends or pets	<input type="checkbox"/> Sore throat	
<input type="checkbox"/> Guilt	<input type="checkbox"/> Swollen ankles	
<input type="checkbox"/> Hatred or holding a grudge	<input type="checkbox"/> Shoulder issues	
<input type="checkbox"/> Headaches	<input type="checkbox"/> Shyness or fear of speaking up	

Your Heart-Wall

It's time to break down the wall of unprocessed negative emotions that surround your heart. Release these trapped emotions so you can have healthier relationships today.



Severity Chart



To book an appointment with Juanita, email her at Juanita@TheShiftingSand.com to arrange a time.